

**Niagara Infant Mental Health Meeting
Family and Children's Services Niagara
9:00 a.m.**

Date: April 25, 2016

Present: Tracy Belcastro, Chaya Kulkarni and Adeena Persaud (via phone), Lorrey Ariel Bonilla, Debbie Bent, Julie McNamara, Sharon Alakas, Deb Kempt, Laura Rasmussen. Kim Cole, Patricia Couroux, Angela Hayes, Carolyn Fish, Tiffany Grant, Rochelle Plett, Cindy Goupil

Regrets: Sandy Toth, Dr. Andrea Feller, Helen Lake, Nancy Lisi, Rose Burns

Item	Discussion	Action
Review of Previous Minutes		
	Minutes were reviewed	No corrections needed.
Goal Tracker		
	<ul style="list-style-type: none"> • Niagara College ECE Program- Angela Hayes presented information on what the College is doing to incorporate IMH into their programs. She spoke about their 1st year, 1st term program where a “virtual” child has been created for the students to “raise”. They must incorporate sleeping, feeding, soothing and teaching into the virtual child’s “life”. They have also increased their infant/toddler program to 3 hours/week, up from 2. A unit is taught on postpartum depression in order for the students to be able to understand the impact this has on early learning. • Chaya suggested using centre registration packages in the curriculum in order to have students feel more comfortable in asking sensitive questions. • Community Membership- Lorrey suggested using a survey as a tool to see who would benefit from the membership and asked for input from all agencies. She would also connect with Adeena about moving forward with it. • Simcoe County- Tracy connected with Lindsey and spoke about the role the LHIN plays in their project. 	<ul style="list-style-type: none"> • Angela will suggest this at her next College meeting • Lorrey to follow up with agencies and Adeena.

	<ul style="list-style-type: none"> • Survey for Front line staff- not all agencies received the survey. Tracy suggested re-doing the survey again at the end of the pilot for comparison • Families are Strong, Stable and Connected -This group sees a need for trauma training and are looking at securing speakers to educate staff. • Inclusive Childcare Supports Committee, Brock University BA, BEd program and Brock University Nursing Program were not reported on. 	<ul style="list-style-type: none"> • Tracy will re-circulate to agencies. • Revise questionnaire for end of pilot • Approach speakers like Lori Gill, Diane Benoit to speak to staff. • Present at next meeting
Research Update		
	<p>Chaya reported that the data scores have improved. All but 1 child has shown improvement, proving that the support plans are helping. These changes have occurred in only a few months. Using the ASQ tool has identified issues to front line staff who have provided support plans to families and who have been able to better support their families.</p> <p>Chaya reported that James Reynolds from Queen's University will look at and analyze the data.</p>	
Training Dates		
	<p>*Technical Support Session is May 10th, 1pm at FACS</p> <p>*Training is May 27, 30, 31. Bring laptops to day 3 session</p>	Adeena to send Tracy registration link to send out to participants
Poster Update		
	All posters that were returned to Strive were given to Chaya. The initial idea was to have the new picture put right overtop of the poster, unfortunately this cannot be done.	Have new posters made up using other materials. Procure quotes and report back.
Presentations		
	<ul style="list-style-type: none"> • Commissioner of Regional Social Services- Tracy and Sandy presented to the Commissioner about what Niagara is doing in the pilot; how the community feels about it; and what Niagara is offering- all without any funding. Laura Rasmussen reported that the Commissioner was very impressed with the presentation and had very few questions for Sandy and Tracy. 	

	<ul style="list-style-type: none"> • Carolyn Fish suggested that securing funding for the pilot could be considered in order to move the initiative forward- perhaps from Trillium as collective impact. • Home visiting program- Tracy and Sandy met with 3 ladies from Milton who were very interested in what Niagara was doing in the IMHP project. These ladies were very impressed with what has been developed in Niagara and want to incorporate it into their program in Milton. • Family Health Teams- Tracy and Sandy have connected with Carolyn Dire and have set up dates to do presentations with their staff to create awareness with their teams. • Southwestern Conference- Tracy presented to the CAPC/CPNP conference with great enthusiasm as the presentation was very well received and attendees were truly interested in the pilot. 	<ul style="list-style-type: none"> • Research funding opportunities
Meeting Date		
	Next meeting date is June 27, 2016 at 9a.m. at FACS Niagara.	
AOB		
	<p>Adeena reminded that papers can be submitted until May 31st.</p> <p>Chaya suggested having James Reynolds come to Niagara to speak on the data that he will be analyzing.</p>	<ul style="list-style-type: none"> • Connect further with James and tap into his funding opportunities