

**Niagara Infant Mental Health Meeting
Family and Children's Services Niagara
9:00 a.m.**

Date: **October 25, 2016**

Present: Tracy Belcastro, Chaya Kulkarni, Nisreen Khambati, Sharon Alakas, Carolyn Fish, Cindy Goupil, Sandy Toth, Debbie Kempt, Nancy Lisi, Lorrey Arial-Bonilla, Marena Doucette, Amanda Hicks, Rochelle Plett, Patricia Couroux, Kim Cole

Regrets: Angela Hayes

Item	Discussion	Action
Adoption of the Agenda		
	Sandy asked for a motion to adopt the agenda	Moved by Kim Cole; Seconded by Nancy Lisi; Carried.
Review of Previous Minutes		
	Minutes were reviewed	No corrections needed.
Posters		
	Sandy briefly explained the reason for creating a different year 2 poster and suggested that each agency pay for their own. The grant to Canadian Tire Services that Kim Cole submitted was denied. The cost of posters for first responders will be shared equally among all agencies. A total of 5 first responders posters will be produced and media coverage will be used when distributing them.	An email will be sent out with costs for 11X17 size posters and with the cost for each agency to contribute to the first responder posters.
Trillium Grant		
	The Trillium grant submitted for training with Chaya was denied. We can consider applying to Niagara Community Foundations; NCP- Innoweave; Healthy Kids Community Challenge, which focuses on physical activity and water, (Amanda to look into this funding) with a focus on having the tool recognized in Niagara.	Continue to pursue funding avenues. Lorrey suggested rephrasing our need to a "mentorship program"; "community mental health toolkit"; or "capacity building toolkit" instead of "training"
IMH Website		
	Lorrey reported that to date, the website has had 512 hits. Most popular area- Resource pages 2 nd - Training Sessions 3 rd - Advisory Committee pages	Agencies to continue to provide information to populate these pages

Goal tracker Update		
	Sandy reviewed each item on the tracker and the table had discussion around updates and all items listed.	Continue to refer to tracker for pilot project progress and future results.
QCCN Training		
	Tracy has presented at QCCN around imbedding the science of IMH into the program.	Create a sub-committee to identify key outcomes in measuring the success of the ASQ.
Parent Survey		
	Chaya brought Nisreen Khambati to the meeting in order to obtain input from the committee as to what they would like to see in the survey, and what results they are hoping to receive. Nisreen explained that her specialty is quantitative analysis and suggested a max. of 10 questions for the survey. Questions will have predetermined responses that parents can choose from and check off.	Nisreen will put together a draft survey for next meeting for review. Chaya suggested using all data gathered to apply for funding.
Data		
	There has been an increase in participants and workers in the data gathering. From June 2016 to now, workers have increased from 57 to 72; child participants have increased from 208 to 237. This may be the result of FACS recently being able to participate in the process.	Continue to collect data until the end of the pilot- December 2017.
Community Round Table		
	Taking place November 9 & 10. Chaya explained that representatives from all 12 community tables will come together in order to share ideas, best practises and make connections at a local level.	Sandy and Tracy will attend.
Learning Outcomes		
	Chaya would look into the ECE learning piece.	Chaya to complete.
Moving on Mental Health		
	Sandy spoke about the meeting held around the document "Moving on Mental Health" that was sponsored by Contact Niagara. She noted that out of the approximately 43 agencies who participated in the surveys used, only about 14 agencies provided care for 0-3 years. Strive was not asked to participate.	

Symposium		
	<p>The committee decided that instead of a spring symposium, it may be better to wait and coordinate an event to share the data with the end of the pilot.</p> <p>Instead, in the spring, an evening session with guest speaker, Dr. Williams, Chaya and a panel has been proposed. A session with a parent perspective, panel style; with a link to the community EDI will be formatted.</p>	<p>Form a sub-committee to plan the event. Volunteers included Tracy & Sandy, Nancy, Amanda and Nisreen. An “ask” will be emailed out to the rest of the committee for volunteers.</p>
Training and Technical Support Dates		
	<p>Technical Support date: November 30, 2016 from 10am-12pm Training dates: January 12th and February 9th, 2017 from 10am-4pm</p> <p>All sessions will be held at FACS Niagara, 82 Hannover Dr., St. Catharines</p>	<p>Annie Gelibolyan from SickKids will set up registration through an email link, same as last time.</p>
A.O.B.		
	Nothing to add	
Next Meeting Date		
	January 24, 2017 at 9am, FACS Niagara	